

SCORE SHEET

EVENT: SA State Titles VENUE: Limbo Gym DATE: 5-May-13

MEN

NAME	Age	Cat.	Wt.	BWT	R, RP or E	SQUAT				BENCHPRESS				Sub Total	DEADLIFT				Total	Glossbrenner		Over All Place
						1	2	3	4	1	2	3	4		1	2	3	4		No.	Total	
Firas El Achker	20	4	110.0	109.20	E	75.00				75.00				150.00	75.00				225.00	0.56365	126.82	0
Francisco Dullona	40	7	67.5	63.70	R, RP	120.00	125.00	130.00		-90.00	95.00	-100.00		225.00	145.00	150.00	155.00		380.00	0.7874	299.21	0
Tim Armistead	23	4	100.0	97.00	R, RP	160.00	170.00	180.00		120.00	125.00	-130.00		305.00	210.00	220.00	230.00		535.00	0.5891	315.17	0
Laurie Bates	27	5	82.5	82.50	RP	170.00	190.00	205.00		130.00	145.00	-155.00		350.00	200.00	220.00	242.50		592.50	0.6446	381.93	2
David Toomer	25	5	140.0	129.00	R	220.00				170.00	180.00	190.00		410.00	290.00	317.50	-322.50		727.50	0.5413	393.80	1
Michael Toomer	28	5	110.0	110.00	R	220.00				150.00	160.00	165.00		385.00	260.00	270.00	280.00		665.00	0.5625	374.06	3

WOMEN

NAME	Age	Cat.	Wt.	BWT	R, RP or E	SQUAT				BENCHPRESS				Sub Total	DEADLIFT				Total	Glossbrenner		Over All Place
						1	2	3	4	1	2	3	4		1	2	3	4		No.	Total	
Sophia Sandri	18	3	90.0	85	R, RP	80.00	84.00	90.00		30.00	35.00	40.00		130.00	80.00	100.00	105.00		225.00	0.7725	181.53	0
Nicola Fitzharris	32	5	90.0	89.8	R, RP	90.00	95.00	-100.00		50.00	52.50	55.00		150.00	100.00	105.00	110.00		380.00	0.7483	194.56	0
Rachael Mountford	34	6	75.0	67.9	R, RP	95.00	-105.00	-112.50		60.00	65.00	70.00		165.00	137.50	145.00	-160.00		535.00	0.8954	277.57	2
Cami Sandri	19	3	75.0	72.2	R, RP	95.00	102.50	107.50		55.00	57.50	60.00		167.50	110.00				592.50	0.8579	238.07	3
Julia Knights	30	5	82.5	77.3	R, RP	100.00	105.00	107.50	110.00	47.50	50.00	55.00		162.50	110.00	120.00	125.00		732.50	0.8197	235.65	0
Yolandie Weir	27	5	48.0	45.2	E	110.00	-115.00	115.00		80.00	-85.00	85.00		200.00	135.00	140.00	-142.50		665.00	1.2335	419.39	1