COUNCIL OF AUSTRALIAN POWERLIFTING ORGANIZATIONS

(Affiliated to World Powerlifting Congress & Global Powerlifting Committee)

SCORE SHEET

EVENT: 2012 Final Nationals Qualifier VENUE: Healthworks West End DATE: 23-Jun-12

NAME	Age	Mem. Y/N	Cat.	Sex	Wt. Div	BWT	Raw / Equip.	SQUAT 1	SQUAT 2	SQUAT 3	SQUAT 4	BENCHPRESS 1	BENCHPRESS 2	BENCHPRESS 3	BENCHPRESS 4	Sub Total	DEADLIFT 1	DEADLIFT 2	DEADLIFT 3	DEADLIFT 4	Total	Cat. Place	Formula No.	Formula Total
Janette Hooson	37	Y	OW	W	82.5	78.90	Raw	100x	100x	100.00		70.00	75.00	80.00		**180.00**	105.00	120.00			**300.00**	FALSE	0.809	**242.67**
Dan Cann	38	Y	OM	M	110.0	108.70	Equip	105.00				105.00				**210.00**	105.00				**315.00**	FALSE	0.564	**177.79**
Viktor Lyall	19	Y	TM	M	82.5	78.30	Raw	115x	115.00			70x	70.00			**185.00**	145.00				**330.00**	FALSE	0.668	**220.31**
Terrance Titus		Y	MM	M	125.0	118.90	Equip	225.00				105.00				**330.00**	185.00				**515.00**	2	0.552	**284.33**
Alex Lowe	22	Y	JM	M	96.2	100.00	Raw	250.00	260.00	270x		175.00	180.00	190x		**440.00**	280.00	300.00	315x		**740.00**	1	0.591	**437.64**
																0.00					**0.00**	3		**0.00**
																0.00					**0.00**	3		**0.00**
																0.00					**0.00**	3		**0.00**
																0.00					**0.00**	3		**0.00**
																0.00					**0.00**	3		**0.00**
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REFEREES

Chief Name: MICHAEL TRENTIN Side Name: Jonathan Nelson Side name: M CRAGG

Chief Signature: Side Signature: Side Signature:

Event Organisers Name: JEFF LAM

Event Organisers Signature:

Date: 23/06/12

NOTES:

1. Failed attempts MUST be entered into the Score Sheet as a negative number (i.e. -100. As a positive number will affect the calculation formula. This process will be validated by the fact that the number will turn to a RED font if done correctly)
2. If you believe that a competitor has broken a World Record (at a National Event) please highlight the lift with a Green highlighter. This will assist in the verification of the record a lot quicker. Be aware that proper qualified referees MUST adjudicate the lift ati
3. If you believe that a competitor has broken an Australian Record please highlight the lift with a yellow highlighter. This will assist in the verification of the record a lot quicker.
4. The official signed "Hardcopy" of the Score & Weigh In Record Sheets MUST be sent to CAPO Australia President within 1 week after the competition.
5. It is the Event Organisers responsibility that all competitors that believe that they have set a Record are current financial members of CAPO (as per website list)

LEGEND:

Age = The age that the competitor is on the day of the competition
Wt Div. = Weight division- is the Body Weight Category as per the rules
Cat. = Category as per the Age Category legend below
BWT = Actual Body Weight measured during the "weigh In
Sex = M = Male, F = Female
Raw / Equip. = R = Raw, E = Equipped

Age Category Legend:

1 = Teenage from 13 years to and including 15 years of age
2 = Teenage from 16 years to and including 17 years of ag
3 = Teenage from 18 years to and including 19 years of age
4 = Junior from 20 years to and including 23 years of age
5 = Senior from 24 years to and including 32 years of age
6 = Sub Master from 33 years to and including 39 years of ag
7 = Master from 40 years to and including 44 years of age
8 = Master from 45 years to and including 49 years of age
9 = Master from 50 years to and including 54 years of age
10 = Master from 55 years to and including 59 years
11 = Master from 60 years to and including 64 years of age
12 = Master from 65 years to and including 69 years of age
13 = Master from 70 years to and including 74 years of age
14 = Master from 75 years to and including 79 years of age
15 = Master from 80 years upward