

03-Jun-17

NSW CAPO State Titles

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Bench 1	Bench 2	Bench 3	Bench 4	Deadlif t 1	Deadlif t 2	Deadlif t 3	Deadlif t 4	PL Total	Coeff Score	Age & Coeff	Place code	PI-Div-WtCl	Events
Jonathan Walder	18	MT-R	78.7	82.5	0.6652					120	125	127.5	-130	160	180	200	210	327.5	217.85	230.92	3.00		PP
Wulff Breitsameter	72	MM-R	98.75	100	0.5843					117.5	125	130		160	170	175		305.0	178.21	306.17	3.00		PP
Peter McGrath	55	MM-R	82.35	82.5	0.6451					90	100	105		202.5	215	220		325.0	209.66	256.83	3.00		PP
Philip Hines	28	MO-R	88.75	90	0.6165					120	130	-135		220	240	-255		370.0	228.09	228.09	2.00		PP
Damien Crane	46	MM-R	94.15	100	0.5974					160	170	177.5		260	270	-280		447.5	267.34	285.52	3.00		PP
Matthew Cottam	18	MT-R	82	82.5	0.6472					140	145	150	152.5					150.0	97.07	102.90	3.00		BP
Aryan Ajdari	19	MT-R	64.9	67.5	0.7799					112.5	-120	-120						112.5	87.74	91.25	3.00		BP
Daniel Beardall	18	MT-R	81.2	82.5	0.6513					120	-127.5	-130						120.0	78.16	82.85	3.00		BP
Mark Leembruggen	32	MO-R	87.9	90	0.6223					175	182.5	-187.5						182.5	113.56	113.56	2.00		BP
Valerie Ferris	57	FM-R	51.15	52	1.1212	60	65	67.5		32.5	37.5	-40		95	102.5	-105		207.5	232.65	295.00	3.00	1-FM-R	PL
Robin Collins	38	FO-RP	81.6	82.5	0.7919	125	135	140		65	-70	70		125	135	145		355.0	281.12	281.12	2.00	1-FO-RP	PL
Jason See	45	MM-R	89.5	90	0.6138	-175	175	185		-105	-105			175	187.5	197.5	205				3.00		PL
Hayden Reid	24	MO-RP	74.2	75	0.6940	-200	200	210		100	112.5	-120		200	210	-220		532.5	369.56	369.56	2.00	3-MO-RP	PL
Todd Shardlow	37	MO-R	86.45	90	0.6260	155	160	165		100	105	-110		200	205	-210		475.0	297.33	297.33	2.00	3-MO-R	PL
Joseph El-Hage	31	MO-R	89.6	90	0.6134	165	-170	170		135	-140	-140		225	230	235		540.0	331.21	331.21	2.00	2-MO-R	PL
Brent Bevan	26	MO-RP	88.35	90	0.6181	230	240	-250		145	155	162.5		230	240	-242.5		642.5	397.13	397.13	2.00	2-MO-RP	PL
Craig Gibson	42	MM-RP	98.45	100	0.5851	195	205	215		135	140	-145		250	265	-275		620.0	362.73	369.99	3.00	1-MM-RP	PL
Matthew Collins	39	MO-R	98.45	100	0.5851	200	220	237.5		170	185	197.5		250	275	300		735.0	430.01	430.01	2.00	1-MO-R	PL
John Biggs	45	MM-R	107	110	0.5671	-170	190	-222.5		117.5	130	137.5		252.5	270	280		607.5	344.51	363.46	3.00	3-MM-R	PL
Paolo Wilkinson	29	MO-R	87.5	90	0.6218	-210	215	225		-140	-140	-140		260	270	-280					2.00		PL
Feyde (Freddy) Rahban	43	MM-R	97.55	100	0.5875	190	210	225	235	100	-110	120		260	-290			605.0	355.41	366.42	3.00	2-MM-R	PL
Jeremy Wilson	27	MO-RP	109.05	110	0.5638	300	322.5	-340		190	205			270	295	305		832.5	469.36	469.36	2.00	1-MO-RP	PL
Tony Beecham	42	MM-R	112.7	125	0.5589	250	272.5	-285		60	100	120		280	302.5	-310		695.0	388.44	396.20	3.00	1-MM-R	PL