

Open Men

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | 200kg | BRIGHT, William | 14-Mar-15 | 180kg | BRIGHT, William | 21-Nov-14 |
| | Bench | 140kg | BRIGHT, William | 14-Mar-15 | 135kg | BRIGHT, William | 21-Nov-14 |
| | Deadlift | 170kg | BRIGHT, William | 21-Nov-14 | | | |
| | Total | 510kg | BRIGHT, William | 14-Mar-15 | 485kg | BRIGHT, William | 21-Nov-14 |
| 56kg | Squat | 135kg | LOY, Sky | 18-May-24 | 125kg | LITTLE, Johnathan | 18-Nov-23 |
| | Bench | 100kg | QUADROS, Ashley | 22-Jan-23 | 80kg | FAULKNER, Ben | 01-Aug-14 |
| | Deadlift | 210kg | QUADROS, Ashley | 22-Jan-23 | 130kg | FAULKNER, Ben | 01-Aug-14 |
| | Total | 430kg | QUADROS, Ashley | 22-Jan-23 | 322.5kg | FAULKNER, Ben | 01-Aug-14 |
| 60kg | Squat | 191kg | NGUYEN, Quyen | 03-Aug-24 | 190kg | NGUYEN, Quyen | 13-Apr-24 |
| | Bench | 105kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Deadlift | 215kg | MILLAR, Corey | 20-May-23 | 212.5kg | CANHAO, Alex | 29-Apr-18 |
| | Total | 492.5kg | CANHAO, Alex | 29-Apr-18 | 450kg | ANSTEE, Reuben | 01-Aug-14 |
| 67.5kg | Squat | 220kg | ELPITIYA BADALGE, Vidu | 03-Aug-24 | 217.5kg | SGRO, Julian | 18-May-24 |
| | Bench | 135kg | ROCK, Shane | 18-Aug-18 | 130kg | ROCK, Shane | 29-Apr-18 |
| | Deadlift | 280kg | SGRO, Julian | 18-May-24 | 255kg | HEJDUK, Robert | 20-Apr-24 |
| | Total | 632.5kg | SGRO, Julian | 18-May-24 | 582.5kg | ROCK, Shane | 18-Aug-18 |
| 75kg | Squat | 262.5kg | SECCOMBE, Zach | 15-Sep-24 | 260kg | ETTIA, Corey | 02-Aug-14 |
| | Bench | 200kg | GALATI, Ange | 11-Aug-13 | | | |
| | Deadlift | 300kg | MAGOULIAS, Yianni | 14-Jun-15 | 260kg | ETTIA, Corey | 02-Aug-14 |
| | Total | 700kg | MAGOULIAS, Yianni | 14-Jun-15 | 650kg | ETTIA, Corey | 02-Aug-14 |
| 82.5kg | Squat | 340kg | MORRISON, Patrick | 21-May-23 | 295kg | HULEMAH, Ahmed | 06-Oct-18 |
| | Bench | 200kg | GALATI, Ange | 29-Nov-12 | 162.5kg | PARMITER, David | 26-Aug-12 |
| | Deadlift | 342.5kg | MORRISON, Patrick | 21-May-23 | 325kg | McGRATH, Tommy-Lee | 17-Oct-20 |
| | Total | 845kg | MORRISON, Patrick | 21-May-23 | 755kg | McGRATH, Tommy-Lee | 17-Oct-20 |
| 90kg | Squat | 350kg | MORRISON, Patrick | 28-Mar-21 | 305kg | NAZIRUL, Muhammad | 11-May-19 |
| | Bench | 201kg | SPITERI, Jacob | 25-Apr-19 | 200kg | LAM, Jeff | 15-Aug-15 |
| | Deadlift | 355kg | SUTEERAWANIT, Darwin | 20-May-23 | 340kg | MORRISON, Patrick | 28-Mar-21 |
| | Total | 855kg | MORRISON, Patrick | 28-Mar-21 | 805kg | PARMITER, David | 21-Nov-14 |
| 100kg | Squat | 352.5kg | WALSH, Connor | 22-Aug-21 | 320kg | LOWE, Alex | 15-Dec-13 |
| | Bench | 217.5kg | LOWE, Alex | 15-Dec-13 | | | |
| | Deadlift | 367.5kg | SUTEERAWANIT, Darwin | 18-May-24 | 320kg | LOWE, Alex | 15-Dec-13 |
| | Total | 887.5kg | SUTEERAWANIT, Darwin | 18-May-24 | 857.5kg | LOWE, Alex | 15-Dec-13 |
| 110kg | Squat | 365kg | WALSH, Connor | 20-May-23 | 360kg | WALSH, Connor | 06-Oct-18 |
| | Bench | 227.5kg | LLOYD, KEVIN | 08-Oct-17 | 205kg | WILSON, Jeremy | 03-Jun-17 |
| | Deadlift | 367.5kg | SAGOR, Rait | 20-May-23 | 340kg | BRENNAN, Luke | 14-May-23 |
| | Total | 927.5kg | SAGOR, Rait | 20-May-23 | 850kg | WALSH, Connor | 06-Oct-18 |
| 125kg | Squat | 400kg | WALSH, Connor | 18-May-24 | 362.5kg | WILSON, Jeremy | 29-Oct-22 |
| | Bench | 235kg | PHILLIPS, Zac | 13-Apr-24 | 230.5kg | FLORISSEN, Shannon | 26-Aug-12 |
| | Deadlift | 370kg | MURPHY, Sam | 22-May-21 | 362.5kg | MURPHY, Sam | 29-Aug-20 |
| | Total | 927.5kg | MURPHY, Sam | 15-Sep-24 | 905kg | PHILLIPS, Zac | 13-Apr-24 |
| 140kg | Squat | 375kg | HOWLETT, Wayne | 29-Nov-12 | | | |
| | Bench | 240.5kg | POLI, Luke | 18-Jun-23 | 240kg | FLORISSEN, Shannon | 16-Aug-15 |
| | Deadlift | 375kg | KEENE, Rhyss | 18-Jun-23 | 352.5kg | FLORISSEN, Shannon | 16-Aug-15 |
| | Total | 950kg | KEENE, Rhyss | 18-Jun-23 | 937.5kg | FLORISSEN, Shannon | 16-Aug-15 |
| SHW | Squat | 420kg | ROBERTSON, Brandon | 24-Oct-21 | 400kg | ROBERTSON, Brandon | 28-Mar-21 |
| | Bench | 260kg | SAMATAUA, Vasa | 05-Aug-23 | 230kg | TULLO, Adrian | 12-Apr-14 |
| | Deadlift | 375kg | HELLRIEGEL, Dylan | 08-Oct-17 | 365kg | JONES, Mike | 11-Aug-13 |
| | Total | 965kg | SAMATAUA, Vasa | 05-Aug-23 | 915kg | HELLRIEGEL, Dylan | 08-Oct-17 |

Sub Teen Men (10-12)

Unofficial WPC

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | 70kg | O'SHEA, Mitchell | 13-Apr-24 | | | |
| | Bench | 37.5kg | O'SHEA, Mitchell | 13-Apr-24 | | | |
| | Deadlift | 100kg | O'SHEA, Mitchell | 13-Apr-24 | | | |
| | Total | 207.5kg | O'SHEA, Mitchell | 13-Apr-24 | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | 90kg | GARDE, Chayse | 18-Jun-22 | | | |
| | Bench | 40kg | GARDE, Chayse | 18-Jun-22 | | | |
| | Deadlift | 120kg | GARDE, Chayse | 18-Jun-22 | | | |
| | Total | 245kg | GARDE, Chayse | 18-Jun-22 | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Teenage Men (13-15)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|-------------------|--------------|---------------|------------------------------|--------------|
| 52kg | Squat | 100kg | LITTLE, Johnathan | 18-Jun-22 | 85kg | RYAN, Mitchell | 30-Nov-19 |
| | Bench | 50kg | LITTLE, Johnathan | 18-Jun-22 | 35kg | RYAN, Mitchell | 30-Nov-19 |
| | Deadlift | 112.5kg | GLEDHILL, Blake | 01-Aug-24 | 110kg | RYAN, Mitchell | 30-Nov-19 |
| | Total | 255kg | LITTLE, Johnathan | 18-Jun-22 | 230kg | RYAN, Mitchell | 30-Nov-19 |
| 56kg | Squat | 125kg | LITTLE, Johnathan | 18-Nov-23 | 95kg | ZIERNICKI, Kylan | 11-Aug-23 |
| | Bench | 67.5kg | LITTLE, Johnathan | 18-Nov-23 | 55kg | ZIERNICKI, Kylan | 11-Aug-23 |
| | Deadlift | 140kg | LITTLE, Johnathan | 18-Nov-23 | 127.5kg | ZIERNICKI, Kylan | 11-Aug-23 |
| | Total | 332.5kg | LITTLE, Johnathan | 18-Nov-23 | 277.5kg | ZIERNICKI, Kylan | 11-Aug-23 |
| 60kg | Squat | 147.5kg | HOVAGIMIAN, Hugo | 01-Aug-24 | 135kg | HOVAGIMIAN, Hugo | 20-Apr-24 |
| | Bench | 95kg | HOVAGIMIAN, Hugo | 01-Aug-24 | 75kg | HOVAGIMIAN, Hugo | 20-Apr-24 |
| | Deadlift | 187.5kg | HOVAGIMIAN, Hugo | 16-Nov-24 | 185kg | HOVAGIMIAN, Hugo | 01-Aug-24 |
| | Total | 427.5kg | HOVAGIMIAN, Hugo | 01-Aug-24 | 390kg | HOVAGIMIAN, Hugo | 20-Apr-24 |
| 67.5kg | Squat | 130kg | BOROS, Daniel | 10-Nov-19 | | | |
| | Bench | 70kg | DELANEY, Aiden | 30-Mar-24 | 55kg | HOLDEN, Joshua | 29-Aug-20 |
| | Deadlift | 165kg | DELANEY, Aiden | 30-Mar-24 | 140kg | BOROS, Daniel | 10-Nov-19 |
| | Total | 360kg | DELANEY, Aiden | 30-Mar-24 | 322.5kg | BOROS, Daniel | 10-Nov-19 |
| 75kg | Squat | 170kg | BOROS, Daniel | 22-Aug-21 | 167.5kg | BOROS, Daniel | 22-May-21 |
| | Bench | 70kg | BOROS, Daniel | 21-Mar-21 | | | |
| | Deadlift | 182.5kg | BOROS, Daniel | 22-Aug-21 | 175kg | BOROS, Daniel | 22-May-21 |
| | Total | 420kg | BOROS, Daniel | 22-Aug-21 | 407.5kg | BOROS, Daniel | 22-May-21 |
| 82.5kg | Squat | 185kg | JORDAN, Luke | 30-Apr-23 | 155kg | DOWLEY, Owen | 17-Aug-19 |
| | Bench | 102.5kg | JORDAN, Luke | 30-Apr-23 | 92.5kg | MARSHALL, Sam | 14-May-16 |
| | Deadlift | 200kg | JORDAN, Luke | 30-Apr-23 | 165kg | DOWLEY, Owen | 09-Jun-19 |
| | Total | 487.5kg | JORDAN, Luke | 30-Apr-23 | 400kg | DOWLEY, Owen | 09-Jun-19 |
| 90kg | Squat | 167.5kg | CRAWFORD, Cadel | 30-Nov-19 | 160kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 |
| | Bench | 96kg | DOWLEY, Owen | 10-Nov-19 | 95kg | MARSHALL, Sam | 13-Aug-16 |
| | Deadlift | 170kg | CRAWFORD, Cadel | 30-Nov-19 | 162.5kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 |
| | Total | 430kg | CRAWFORD, Cadel | 30-Nov-19 | 382.5kg | BARRINGTON-JACOBI, Mackenzie | 12-Aug-17 |
| 100kg | Squat | 157.5kg | MURPHY, Kobi | 01-Aug-24 | 155.5kg | MURPHY, Kobi | 27-Aug-23 |
| | Bench | 100kg | HEATH, Dane | 29-Apr-18 | | | |
| | Deadlift | 195.5kg | MURPHY, Kobi | 01-Aug-24 | 182.5kg | MURPHY, Kobi | 27-Aug-23 |
| | Total | 430kg | MURPHY, Kobi | 01-Aug-24 | 420kg | HEATH, Dane | 29-Apr-18 |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | 220kg | SIPPLE, Alex | 25-Feb-24 | | | |
| | Bench | 130kg | SIPPLE, Alex | 01-Aug-24 | 120kg | SIPPLE, Alex | 25-Feb-24 |
| | Deadlift | 205kg | SIPPLE, Alex | 01-Aug-24 | 200kg | SIPPLE, Alex | 25-Feb-24 |
| | Total | 540kg | SIPPLE, Alex | 25-Feb-24 | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Teenage Men (16-17)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 182.5kg | VONGPHACHANH, Danny | 11-Aug-23 | 170kg | VONGPHACHANH, Danny | 14-May-23 |
| | Bench | 100kg | VONGPHACHANH, Danny | 14-May-23 | 75kg | NAUNG, Hain | 18-Jun-22 |
| | Deadlift | 210kg | VONGPHACHANH, Danny | 14-May-23 | 165kg | NAUNG, Hain | 18-Jun-22 |
| | Total | 492.5kg | VONGPHACHANH, Danny | 11-Aug-23 | 480kg | VONGPHACHANH, Danny | 14-May-23 |
| 67.5kg | Squat | 150kg | LENON, CALEB | 10-Jun-23 | 140kg | ROSE, Liam | 12-Nov-22 |
| | Bench | 107.5kg | LENON, CALEB | 10-Jun-23 | 80kg | ROSE, Liam | 12-Nov-22 |
| | Deadlift | 190kg | COURTNEY, Eli | 11-Aug-23 | 162.5kg | LENON, CALEB | 10-Jun-23 |
| | Total | 420kg | COURTNEY, Eli | 11-Aug-23 | 417.5kg | LENON, CALEB | 10-Jun-23 |
| 75kg | Squat | 191kg | CHARD, Daniel | 01-Aug-14 | | | |
| | Bench | 120kg | ADINA, Carlos | 19-Aug-22 | 107.5kg | CHARD, Daniel | 01-Aug-14 |
| | Deadlift | 230kg | ADINA, Carlos | 19-Aug-22 | 225kg | LAM, Pho | 17-Oct-20 |
| | Total | 535kg | ADINA, Carlos | 19-Aug-22 | 507.5kg | CHARD, Daniel | 01-Aug-14 |
| 82.5kg | Squat | 212.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| | Bench | 142.5kg | HORSFIELD, Tybias | 11-Aug-23 | 135.5kg | BURROWS, Jesse | 25-Aug-12 |
| | Deadlift | 252.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| | Total | 597.5kg | BURROWS, Jesse | 25-Aug-12 | | | |
| 90kg | Squat | 215kg | HARRIS, Trent | 10-Aug-13 | | | |
| | Bench | 140kg | HARRIS, Trent | 10-Aug-13 | | | |
| | Deadlift | 260kg | GIUGNI, Luca | 16-Mar-24 | 242.5kg | McAUSLIN, Zeke | 11-Aug-23 |
| | Total | 585kg | HARRIS, Trent | 10-Aug-13 | | | |
| 100kg | Squat | 215kg | DOWLEY, Owen | 19-Aug-22 | 205kg | PICCININ, Thomas | 25-Apr-21 |
| | Bench | 130kg | PICCININ, Thomas | 25-Apr-21 | 125kg | GORDON, Dijon | |
| | Deadlift | 230kg | PICCININ, Thomas | 25-Apr-21 | 215kg | HARTIGAN, Connor | 17-Oct-20 |
| | Total | 560kg | DOWLEY, Owen | 19-Aug-22 | 555kg | PICCININ, Thomas | 25-Apr-21 |
| 110kg | Squat | 260kg | McNALLY, Brodie | 12-Aug-16 | 225kg | McNALLY, Brodie | 29-May-16 |
| | Bench | 140kg | McNALLY, Brodie | 12-Aug-16 | 132.5kg | McNALLY, Brodie | 29-May-16 |
| | Deadlift | 260kg | McNALLY, Brodie | 12-Aug-16 | 240kg | McNALLY, Brodie | 29-May-16 |
| | Total | 642.5kg | McNALLY, Brodie | 12-Aug-16 | 597.5kg | McNALLY, Brodie | 29-May-16 |
| 125kg | Squat | 210kg | SIPPLE, Alex | 16-Nov-24 | | | |
| | Bench | 140kg | SIPPLE, Alex | 16-Nov-24 | | | |
| | Deadlift | 180kg | SIPPLE, Alex | 16-Nov-24 | | | |
| | Total | 530kg | SIPPLE, Alex | 16-Nov-24 | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | 100kg | BUBA, Zachary | 22-Jan-23 | | | |
| | Bench | 107.5kg | BUBA, Zachary | 22-Jan-23 | | | |
| | Deadlift | 160kg | BUBA, Zachary | 22-Jan-23 | | | |
| | Total | 367.5kg | BUBA, Zachary | 22-Jan-23 | | | |

Teenage Men (18-19)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | 135kg | LOY, Sky | 18-May-24 | 120kg | Quadros, Ashley | 22-Jan-23 |
| | Bench | 100kg | QUADROS, Ashley | 22-Jan-23 | | | |
| | Deadlift | 210kg | QUADROS, Ashley | 22-Jan-23 | | | |
| | Total | 430kg | QUADROS, Ashley | 22-Jan-23 | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 202.5kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| | Bench | 122.5kg | BROWN, Lauchlan | 30-Apr-17 | | | |
| | Deadlift | 255kg | HEJDUK, Robert | 20-Apr-24 | 205kg | BROWN, Lauchlan | 30-Apr-17 |
| | Total | 555kg | HEJDUK, Robert | 20-Apr-24 | 530kg | BROWN, Lauchlan | 30-Apr-17 |
| 75kg | Squat | 227.5kg | ARCUS, Kristian | 14-May-23 | 210kg | CHARD, Daniel | 21-Nov-14 |
| | Bench | 132.5kg | ARCUS, Kristian | 11-Aug-23 | 122.5kg | ARCUS, Kristian | 14-May-23 |
| | Deadlift | 250kg | GIBSON, Louis | 25-Apr-23 | 237.5kg | BENNETT, William | 22-Aug-21 |
| | Total | 590kg | ARCUS, Kristian | 11-Aug-23 | 585kg | ARCUS, Kristian | 14-May-23 |
| 82.5kg | Squat | 240kg | SHAKESPEARE, Luke | 25-May-14 | 160kg | EVANS, Thomas | 12-Apr-14 |
| | Bench | 140kg | SHAKESPEARE, Luke | 25-May-14 | 85kg | EVANS, Thomas | 12-Apr-14 |
| | Deadlift | 260kg | SHAKESPEARE, Luke | 25-May-14 | 200kg | EVANS, Thomas | 12-Apr-14 |
| | Total | 640kg | SHAKESPEARE, Luke | 25-May-14 | 445kg | EVANS, Thomas | 12-Apr-14 |
| 90kg | Squat | 300kg | BURROWS, Jesse | 10-Aug-13 | | | |
| | Bench | 175kg | YUAN, Kevin | 25-May-14 | 150kg | BURROWS, Jesse | 10-Aug-13 |
| | Deadlift | 290kg | MADDERN, Finn | 21-May-23 | 280kg | BURROWS, Jesse | 10-Aug-13 |
| | Total | 725kg | BURROWS, Jesse | 10-Aug-13 | | | |
| 100kg | Squat | 307.5kg | HARRIS, Trent | 14-Jun-15 | 230kg | EARLE, Jarrod | 01-Aug-14 |
| | Bench | 170kg | HARRIS, Trent | 14-Jun-15 | 155kg | EARLE, Jarrod | 01-Aug-14 |
| | Deadlift | 280kg | ELLIOTT, Ethan | 18-May-24 | 260kg | HARRIS, Trent | 14-Jun-15 |
| | Total | 737.5kg | HARRIS, Trent | 14-Jun-15 | 640kg | EARLE, Jarrod | 01-Aug-14 |
| 110kg | Squat | 360kg | WALSH, Connor | 06-Oct-18 | 350kg | WALSH, Connor | 08-Oct-17 |
| | Bench | 200kg | BURROWS, Jesse | 01-Aug-14 | 145kg | BUCHANEK, Jeremy | |
| | Deadlift | 300kg | BURROWS, Jesse | 01-Aug-14 | 257.5kg | BUCHANEK, Jeremy | |
| | Total | 850kg | WALSH, Connor | 06-Oct-18 | 835kg | WALSH, Connor | 08-Oct-17 |
| 125kg | Squat | 235kg | SPIRES, Reuben | 29-Oct-22 | 225kg | NICHOLSON, Joshua T | 28-May-22 |
| | Bench | 150kg | NICHOLSON, Joshua T | 28-May-22 | | | |
| | Deadlift | 280kg | SPIRES, Reuben | 29-Oct-22 | 270kg | NICHOLSON, Joshua T | 28-May-22 |
| | Total | 645kg | NICHOLSON, Joshua T | 28-May-22 | | | |
| 140kg | Squat | 150kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Bench | 100kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Deadlift | 170kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| | Total | 420kg | OAKENFULL, Dylan | 01-Aug-14 | | | |
| SHW | Squat | 155kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Bench | 92.5kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Deadlift | 190kg | OAKENFULL, Dylan | 10-Aug-13 | | | |
| | Total | 427.5kg | OAKENFULL, Dylan | 10-Aug-13 | | | |

Junior Men (20-23)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | 112.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Bench | 80kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Deadlift | 130kg | FAULKNER, Ben | 01-Aug-14 | | | |
| | Total | 322.5kg | FAULKNER, Ben | 01-Aug-14 | | | |
| 60kg | Squat | 155kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Bench | 105kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Deadlift | 190kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| | Total | 450kg | ANSTEE, Reuben | 01-Aug-14 | | | |
| 67.5kg | Squat | 215kg | BROWN, Lauchlan | 18-Aug-18 | 197.5kg | BROWN, Lauchlan | 28-Apr-18 |
| | Bench | 123kg | GAMBRELL, Connor | 09-Feb-25 | 122.5kg | CHIU, Alan | 18-Feb-24 |
| | Deadlift | 240kg | CHIU, Alan | 18-Feb-24 | 230kg | CROCKETT, Tristan | 17-Oct-20 |
| | Total | 555kg | BROWN, Lauchlan | 18-Aug-18 | 522.5kg | BROWN, Lauchlan | 28-Apr-18 |
| 75kg | Squat | 260kg | ETTIA, Corey | 02-Aug-14 | | | |
| | Bench | 150kg | MAGOULIAS, Yianni | 14-Jun-15 | 145kg | PETKOVIC, Aleks | 14-Mar-15 |
| | Deadlift | 300kg | MAGOULIAS, Yianni | 14-Jun-15 | 260kg | ETTIA, Corey | 02-Aug-14 |
| | Total | 700kg | MAGOULIAS, Yianni | 14-Jun-15 | 650kg | ETTIA, Corey | 02-Aug-14 |
| 82.5kg | Squat | 300kg | EMERY, Reid | 12-Aug-23 | 280kg | EMERY, Reid | 20-Aug-22 |
| | Bench | 177.5kg | GENEVER, Joshua | 20-Aug-22 | 170kg | EMERY, Reid | 07-May-22 |
| | Deadlift | 295kg | EMERY, Reid | 12-Aug-23 | 285kg | EMERY, Reid | 20-Aug-22 |
| | Total | 770kg | EMERY, Reid | 12-Aug-23 | 740kg | EMERY, Reid | 20-Aug-22 |
| 90kg | Squat | 280kg | PARR, Jakob | 22-May-22 | 266kg | THOMPSON, Shannan | 20-May-17 |
| | Bench | 160kg | SHAKESPEARE, Luke | 01-Aug-14 | 140kg | BIRD, Oliver | 12-Apr-14 |
| | Deadlift | 310kg | ADALA, Amose | 19-May-24 | 296kg | ADALA, Amose | 21-May-23 |
| | Total | 715kg | NEWMAN, Chris | 09-Jun-19 | 710kg | THOMPSON, Shannan | 20-May-17 |
| 100kg | Squat | 352.5kg | WALSH, Connor | 22-Aug-21 | 295kg | WALSH, Connor | 22-May-21 |
| | Bench | 185kg | WALSH, Connor | 22-Aug-21 | 170kg | GRAY, Samuel | 15-Aug-15 |
| | Deadlift | 315kg | GIUBILATO, Matteo | 18-May-24 | 310kg | MORRISSY, Tyson | 09-May-15 |
| | Total | 812.5kg | WALSH, Connor | 22-Aug-21 | 737.5kg | MORRISSY, Tyson | 09-May-15 |
| 110kg | Squat | 325kg | GIUBILATO, Matteo | 03-Aug-24 | 317.5kg | MORRISSY, Tyson | 16-Aug-15 |
| | Bench | 190kg | MORRISSY, Tyson | 16-Aug-15 | 160kg | MISSAGHI, Francis | 31-May-15 |
| | Deadlift | 332.5kg | EL ACHKAR, Firas | 10-Aug-13 | | | |
| | Total | 820kg | GIUBILATO, Matteo | 03-Aug-24 | 800kg | MORRISSY, Tyson | 16-Aug-15 |
| 125kg | Squat | 315kg | ANDERSON, Miles | 21-Nov-14 | 305kg | ANDERSON, Miles | 01-Aug-14 |
| | Bench | 190kg | OAKENFULL, Jacob | 03-Aug-14 | 150kg | HUNTER, Wayde | 01-Aug-14 |
| | Deadlift | 305kg | ANDERSON, Miles | 21-Nov-14 | 300kg | FISHER, Jake | 01-Aug-14 |
| | Total | 750kg | OAKENFULL, Jacob | 03-Aug-14 | 730kg | ANDERSON, Miles | 01-Aug-14 |
| 140kg | Squat | 330kg | OPARAOCHA, Tochi | 25-Apr-23 | 285kg | WALLACE, Sam | 14-Aug-16 |
| | Bench | 180kg | OPARAOCHA, Tochi | 25-Apr-23 | 162.5kg | DAVIS, Andy | 03-Aug-14 |
| | Deadlift | 285kg | WALLACE, Sam | 14-Aug-16 | 255kg | DAVIS, Andy | 03-Aug-14 |
| | Total | 790kg | OPARAOCHA, Tochi | 25-Apr-23 | 730kg | WALLACE, Sam | 14-Aug-16 |
| SHW | Squat | 420kg | ROBERTSON, Brandon | 24-Oct-21 | 400kg | ROBERTSON, Brandon | 28-Mar-21 |
| | Bench | 230kg | HELLRIEGEL, Dylan | 08-Oct-17 | 157.5kg | BERTUNA, Joshua | 10-May-14 |
| | Deadlift | 375kg | HELLRIEGEL, Dylan | 08-Oct-17 | 275kg | MAYNE, Luke | 01-Aug-14 |
| | Total | 915kg | HELLRIEGEL, Dylan | 08-Oct-17 | 687.5kg | BERTUNA, Joshua | 10-May-14 |

Senior Men (24-32)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | 200kg | BRIGHT, William | 14-Mar-15 | 180kg | BRIGHT, William | 21-Nov-14 |
| | Bench | 140kg | BRIGHT, William | 14-Mar-15 | 135kg | BRIGHT, William | 21-Nov-14 |
| | Deadlift | 170kg | BRIGHT, William | 21-Nov-14 | | | |
| | Total | 510kg | BRIGHT, William | 14-Mar-15 | 485kg | BRIGHT, William | 21-Nov-14 |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 180kg | CANHAO, Alex | 29-Apr-18 | | | |
| | Bench | 100kg | CANHAO, Alex | 29-Apr-18 | | | |
| | Deadlift | 215kg | MILLAR, Corey | 20-May-23 | 212.5kg | CANHAO, Alex | 29-Apr-18 |
| | Total | 492.5kg | CANHAO, Alex | 29-Apr-18 | | | |
| 67.5kg | Squat | 217kg | WEYMARK, Jordan | 10-Jun-23 | 216kg | KANDER, Tharen | 22-Aug-21 |
| | Bench | 130kg | WEYMARK, Jordan | 10-Jun-23 | 127.5kg | WEYMARK, Jordan | 18-Jun-22 |
| | Deadlift | 243kg | KANDER, Tharen | 22-Aug-21 | 235kg | KANDER, Tharen | 22-May-21 |
| | Total | 575kg | WEYMARK, Jordan | 10-Jun-23 | 572.5kg | KANDER, Tharen | 22-Aug-21 |
| 75kg | Squat | 262.5kg | SECCOMBE, Zach | 15-Sep-24 | 252.5kg | JOHNSON, Anton | 12-Aug-23 |
| | Bench | 157.5kg | CHRISTENSEN, Jamie | 14-Aug-16 | 150kg | CHRISTENSEN, Jamie | 22-May-16 |
| | Deadlift | 270kg | HO, Jarod | 21-May-17 | 255kg | CHRISTENSEN, Jamie | 14-Aug-16 |
| | Total | 642.5kg | CHRISTENSEN, Jamie | 14-Aug-16 | 630kg | CHRISTENSEN, Jamie | 22-May-16 |
| 82.5kg | Squat | 302.5kg | GENEVER, Josh | 18-May-24 | 260kg | LIEBE-NOLAN, Gary | 29-May-16 |
| | Bench | 195kg | GENEVER, Josh | 18-May-24 | 172.5kg | DOMNEY, Morgan | 20-Aug-22 |
| | Deadlift | 325kg | McGRATH, Tommy-Lee | 17-Oct-20 | 300kg | LIEBE-NOLAN, Gary | 29-May-16 |
| | Total | 800kg | GENEVER, Josh | 18-May-24 | 755kg | McGRATH, Tommy-Lee | 17-Oct-20 |
| 90kg | Squat | 350kg | MORRISON, Patrick | 28-Mar-21 | 305kg | NAZIRUL, Muhammad | 11-May-19 |
| | Bench | 201kg | SPITERI, Jacob | 25-Apr-19 | 195kg | PARMITER, David | 21-Nov-14 |
| | Deadlift | 355kg | SUTEERAWANIT, Darwin | 20-May-23 | 340kg | MORRISON, Patrick | 28-Mar-21 |
| | Total | 855kg | MORRISON, Patrick | 28-Mar-21 | 805kg | PARMITER, David | 21-Nov-14 |
| 100kg | Squat | 342.5kg | FORREST, Kyle | 19-May-24 | 330kg | SUTEERAWANIT, Darwin | 18-May-24 |
| | Bench | 217.5kg | LOWE, Alex | 15-Dec-13 | | | |
| | Deadlift | 367.5kg | SUTEERAWANIT, Darwin | 18-May-24 | 320kg | LOWE, Alex | 15-Dec-13 |
| | Total | 887.5kg | SUTEERAWANIT, Darwin | 18-May-24 | 857.5kg | LOWE, Alex | 15-Dec-13 |
| 110kg | Squat | 365kg | WALSH, Connor | 20-May-23 | 322.5kg | WILSON, Jeremy | 03-Jun-17 |
| | Bench | 222.5kg | LOVE, Kyle | 22-May-21 | 220kg | LOVE, Kyle | 18-Aug-19 |
| | Deadlift | 340kg | BRENNAN, Luke | 14-May-23 | 335.5kg | REECE, Jarryd | 18-Aug-18 |
| | Total | 852.5kg | WALSH, Connor | 20-May-23 | 832.5kg | WILSON, Jeremy | 03-Jun-17 |
| 125kg | Squat | 400kg | WALSH, Connor | 18-May-24 | 362.5kg | WILSON, Jeremy | 29-Oct-22 |
| | Bench | 225kg | WILSON, Jeremy | 29-Oct-22 | 200kg | LANG, Benji | 07-May-22 |
| | Deadlift | 360kg | BURROWS, Cory | 14-Aug-16 | 285kg | BRENNAN, Jacob | 14-May-16 |
| | Total | 900kg | WILSON, Jeremy | 29-Oct-22 | 892.5kg | BURROWS, Cory | 14-Aug-16 |
| 140kg | Squat | 350kg | DJAKOVICH, Joseph | 20-Jan-24 | 305kg | GALUVAO, Conrad | 22-May-16 |
| | Bench | 210kg | LANG, Benji | 03-Aug-14 | 205kg | TOOMER, David | 03-Aug-14 |
| | Deadlift | 357.5kg | ROBERTSON, Brandon | 19-May-24 | 340kg | WELCH, Jack | 12-Aug-23 |
| | Total | 857.5kg | ROBERTSON, Brandon | 19-May-24 | 835kg | DJAKOVICH, Joseph | 20-Jan-24 |
| SHW | Squat | 370kg | ROBERTSON, Brandon | 20-Oct-24 | 350kg | McKENZIE, Ashford | 17-Oct-20 |
| | Bench | 220kg | LOLOHEA, Boss (Kit) | 13-Aug-17 | 202.5kg | LOLOHEA, Boss (Kit) | 14-Aug-16 |
| | Deadlift | 350kg | ROBERTSON, Brandon | 20-Oct-24 | 345kg | McKENZIE, Ashford | 07-May-22 |
| | Total | 880kg | McKENZIE, Ashford | 17-Oct-20 | 825kg | LOLOHEA, Boss (Kit) | 13-Aug-17 |

Sub Masters Men (33-39)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 190kg | NGUYEN, Quyen | 13-Apr-24 | 187.5kg | NGUYEN, Quyen | 22-Oct-23 |
| | Bench | 95kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| | Deadlift | 202.5kg | TAYLOR, Shaun | 29-Apr-18 | | | |
| | Total | 460kg | NGUYEN, Quyen | 13-Apr-24 | 457.5kg | TAYLOR, Shaun | 29-Apr-18 |
| 67.5kg | Squat | 217.5kg | SGRO, Julian | 18-May-24 | 190kg | LOVELOCK, Jeffrey | 20-Aug-22 |
| | Bench | 135kg | SGRO, Julian | 18-May-24 | 112.5kg | MAY, Reuben | 22-May-21 |
| | Deadlift | 280kg | SGRO, Julian | 18-May-24 | 200kg | LOVELOCK, Jeffrey | 20-Aug-22 |
| | Total | 632.5kg | SGRO, Julian | 18-May-24 | 480kg | LOVELOCK, Jeffrey | 20-Aug-22 |
| 75kg | Squat | 225kg | HARRIS, Clifford | 14-Aug-16 | 160kg | GINN, Ken | 15-Dec-13 |
| | Bench | 150kg | HARRIS, Clifford | 14-Aug-16 | 105kg | GINN, Ken | 15-Dec-13 |
| | Deadlift | 260kg | WATT, Michael | 07-May-22 | 230kg | TAY, Russell | 29-Aug-20 |
| | Total | 612.5kg | WATT, Michael | 07-May-22 | 585kg | HARRIS, Clifford | 14-Aug-16 |
| 82.5kg | Squat | 340kg | MORRISON, Patrick | 21-May-23 | 295kg | HULEMAH, Ahmed | 06-Oct-18 |
| | Bench | 166kg | BUDDEN, Jason | 09-Jun-19 | 165kg | SAMUELS, Braddon | 06-Oct-18 |
| | Deadlift | 342.5kg | MORRISON, Patrick | 21-May-23 | 305kg | HULEMAH, Ahmed | 29-Aug-20 |
| | Total | 845kg | MORRISON, Patrick | 21-May-23 | 740kg | HULEMAH, Ahmed | 29-Aug-20 |
| 90kg | Squat | 285kg | WILLIAMS, Daniel | 12-Aug-23 | 262.5kg | WALKER, Scott | 14-May-23 |
| | Bench | 200kg | LAM, Jeff | 15-Aug-15 | 190kg | JACOBSON, Shannon | 14-Mar-15 |
| | Deadlift | 305kg | WALKER, Scott | 14-May-23 | 282.5kg | CARROLL, Dean | 22-May-16 |
| | Total | 740kg | LAM, Jeff | 15-Aug-15 | 730kg | JACOBSON, Shannon | 14-Mar-15 |
| 100kg | Squat | 330kg | MORRISON, Patrick | 19-May-24 | 307.5kg | BROWN, Josh | 20-Aug-22 |
| | Bench | 207.5kg | SPITERI, Jacob | 20-Aug-22 | 190kg | TYLER, Jay | 11-May-19 |
| | Deadlift | 340kg | MORRISON, Patrick | 19-May-24 | 310kg | McCARTAN, Gary | 09-Jun-19 |
| | Total | 835kg | MORRISON, Patrick | 19-May-24 | 800kg | BROWN, Josh | 20-Aug-22 |
| 110kg | Squat | 360kg | SAGOR, Rait | 20-May-23 | 310kg | JONES, Nathan | 03-Aug-14 |
| | Bench | 227.5kg | LLOYD, KEVIN | 08-Oct-17 | 200kg | BURTON, Ed | 30-Apr-17 |
| | Deadlift | 367.5kg | SAGOR, Rait | 20-May-23 | 325kg | McCARTAN, Gary | 22-Aug-21 |
| | Total | 927.5kg | SAGOR, Rait | 20-May-23 | 802.5kg | SUMNER, Darcey | 26-Jun-21 |
| 125kg | Squat | 342.5kg | MURPHY, Sam | 22-May-22 | 330kg | MURPHY, Sam | 22-May-21 |
| | Bench | 235kg | PHILLIPS, Zac | 13-Apr-24 | 230kg | FLORISSEN, Shannon | 26-Aug-12 |
| | Deadlift | 370kg | MURPHY, Sam | 22-May-21 | 362.5kg | MURPHY, Sam | 29-Aug-20 |
| | Total | 905kg | PHILLIPS, Zac | 13-Apr-24 | 900kg | MURPHY, Sam | 22-May-22 |
| 140kg | Squat | 360kg | KEENE, Rhyss | 18-Jun-23 | 345kg | FLORISSEN, Shannon | 16-Aug-15 |
| | Bench | 240kg | FLORISSEN, Shannon | 16-Aug-15 | | | |
| | Deadlift | 375kg | KEENE, Rhyss | 18-Jun-23 | 352.5kg | FLORISSEN, Shannon | 16-Aug-15 |
| | Total | 950kg | KEENE, Rhyss | 18-Jun-23 | 937.5kg | FLORISSEN, Shannon | 16-Aug-15 |
| SHW | Squat | 385kg | SAMATAUA, Vasa | 05-Aug-23 | 340kg | OKUNEV, George | 18-Aug-18 |
| | Bench | 260kg | SAMATAUA, Vasa | 05-Aug-23 | 230kg | OKUNEV, George | 18-Aug-18 |
| | Deadlift | 355kg | JONES, Mike | 14-Mar-15 | 75kg | JONES, Mike | 03-Aug-14 |
| | Total | 965kg | SAMATAUA, Vasa | 05-Aug-23 | 880kg | JONES, Mike | 14-Mar-15 |

Masters Men (40-44)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 191kg | NGUYEN, Quyen | 03-Aug-24 | 155kg | DULLONA, Francisco | 19-Apr-15 |
| | Bench | 102.5kg | DULLONA, Francisco | 19-Apr-15 | | | |
| | Deadlift | 185kg | DULLONA, Francisco | 19-Apr-15 | | | |
| | Total | 447.5kg | NGUYEN, Quyen | 03-Aug-24 | 442.5kg | DULLONA, Francisco | 19-Apr-15 |
| 67.5kg | Squat | 220kg | ELPITIYA BADALGE, Vidu | 03-Aug-24 | 200kg | ELPITIYA BADALGE, Vidu | 30-Apr-23 |
| | Bench | 105kg | ELPITIYA BADALGE, Vidu | 22-May-21 | | | |
| | Deadlift | 260kg | ELPITIYA BADALGE, Vidu | 03-Aug-24 | 235kg | ELPITIYA BADALGE, Vidu | 30-Apr-23 |
| | Total | 582.5kg | ELPITIYA BADALGE, Vidu | 03-Aug-24 | 525kg | ELPITIYA BADALGE, Vidu | 24-Sep-23 |
| 75kg | Squat | 240KG | WATT, Michael | 02-Aug-24 | 235KG | RYAN, Heath | 09-Nov-18 |
| | Bench | 155kg | RYAN, Heath | 09-Nov-18 | 145kg | RYAN, Heath | 29-Apr-18 |
| | Deadlift | 260kg | WATT, Michael | 02-Aug-24 | 250kg | RYAN, Heath | 09-Nov-18 |
| | Total | 652.5kg | WATT, Michael | 02-Aug-24 | 640kg | RYAN, Heath | 09-Nov-18 |
| 82.5kg | Squat | 260kg | BECKER, Xavier | 09-Feb-25 | 225kg | SIMMONS, Matthew | 02-Aug-24 |
| | Bench | 200kg | GALATI, Angelo | 02-Dec-12 | | | |
| | Deadlift | 272.5kg | SIMMONS, Matthew | 02-Aug-24 | 262.5kg | SIMMONS, Matthew | 02-Jun-24 |
| | Total | 630kg | BECKER, Xavier | 09-Feb-25 | 622.5kg | WINCHESTER, Grant | 28-Oct-18 |
| 90kg | Squat | 245kg | WATT, Michael | 13-Apr-24 | 232.5kg | DEBONO, Joe | 02-Aug-14 |
| | Bench | 175kg | HEWLETT, Luke | 02-Aug-24 | 160kg | HEWLETT, Luke | 20-Apr-24 |
| | Deadlift | 288kg | DEBONO, Joe | 02-Aug-14 | 237.5kg | DEAN, Colin | 25-May-14 |
| | Total | 677.5kg | WATT, Michael | 13-Apr-24 | 648kg | DEBONO, Joe | 02-Aug-14 |
| 100kg | Squat | 315kg | BROWN, Josh | 12-Aug-23 | 273kg | PUOPOLO, Vito | 25-Apr-22 |
| | Bench | 182.5kg | BROWN, Josh | 12-Aug-23 | 180kg | McDONALD, Damon | 21-May-23 |
| | Deadlift | 300kg | CARROLL, Dean | 30-Apr-17 | 270kg | RAHBAN, Feyde | 29-May-16 |
| | Total | 797.5kg | BROWN, Josh | 12-Aug-23 | 725kg | McDONALD, Damon | 21-May-23 |
| 110kg | Squat | 330kg | BROWN, Josh | 09-Jun-24 | 312.5kg | HEWARD, Gavin | 22-May-21 |
| | Bench | 200kg | BROWN, Josh | 15-Nov-24 | 192.5kg | PARNELL, Shane | 25-Apr-24 |
| | Deadlift | 320kg | PARNELL, Shane | 25-Apr-24 | 312.5kg | KEETCH, Dave | 22-Oct-23 |
| | Total | 825kg | BROWN, Josh | 15-Nov-24 | 812.5kg | PARNELL, Shane | 25-Apr-24 |
| 125kg | Squat | 352.5kg | MURPHY, Sam | 15-Sep-24 | 325kg | MURPHY, Sam | 03-Aug-24 |
| | Bench | 215kg | MURPHY, Sam | 15-Sep-24 | 212.5kg | MURPHY, Sam | 03-Aug-24 |
| | Deadlift | 362.5kg | MURPHY, Sam | 03-Aug-24 | 330kg | ALAND, Marcus | 28-Mar-21 |
| | Total | 927.5kg | MURPHY, Sam | 15-Sep-24 | 900kg | MURPHY, Sam | 03-Aug-24 |
| 140kg | Squat | 350kg | WRIGHT, Dan | 05-May-12 | | | |
| | Bench | 195kg | WRIGHT, Dan | 05-May-12 | | | |
| | Deadlift | 335kg | WRIGHT, Dan | 05-May-12 | | | |
| | Total | 880kg | WRIGHT, Dan | 05-May-12 | | | |
| SHW | Squat | 360kg | WRIGHT, Dan | 26-Aug-12 | | | |
| | Bench | 230kg | TULLO, Adrian | | | | |
| | Deadlift | 340kg | TULLO, Adrian | | | | |
| | Total | 910kg | TULLO, Adrian | | | | |

Masters Men (45-49)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 125kg | KILBY, Matt | 02-Aug-24 | 117.5kg | KILBY, Matt | 20-Apr-24 |
| | Bench | 60kg | KILBY, Matt | 02-Aug-24 | 57.5kg | KILBY, Matt | 20-Apr-24 |
| | Deadlift | 135kg | KILBY, Matt | 02-Aug-24 | 132.5kg | KILBY, Matt | 20-Apr-24 |
| | Total | 320kg | KILBY, Matt | 02-Aug-24 | 307.5kg | KILBY, Matt | 20-Apr-24 |
| 67.5kg | Squat | 205kg | ROCK, Shane | 18-Aug-18 | 195kg | ROCK, Shane | 29-Apr-18 |
| | Bench | 135kg | ROCK, Shane | 18-Aug-18 | 130kg | ROCK, Shane | 29-Apr-18 |
| | Deadlift | 250kg | ROCK, Shane | 18-Aug-19 | 245kg | ROCK, Shane | 11-May-19 |
| | Total | 582.5kg | ROCK, Shane | 18-Aug-18 | 560kg | ROCK, Shane | 29-Apr-18 |
| 75kg | Squat | 210kg | GALATI, Ange | 11-Aug-13 | 170kg | RETALLACK, Jack | 09-Jun-13 |
| | Bench | 200kg | GALATI, Ange | 11-Aug-13 | 120kg | RETALLACK, Jack | 09-Jun-13 |
| | Deadlift | 232.5kg | RAMSAY, Stephen | 02-Aug-14 | 220kg | GALATI, Ange | 11-Aug-13 |
| | Total | 630kg | GALATI, Ange | 11-Aug-13 | 495kg | RETALLACK, Jack | 09-Jun-13 |
| 82.5kg | Squat | 210kg | HARDWOOD, David | 27-Aug-23 | 205kg | HARDWOOD, David | 22-May-22 |
| | Bench | 200kg | GALATI, Ange | 08-Dec-13 | | | |
| | Deadlift | 235kg | HARDWOOD, David | 27-Aug-23 | 230kg | HARDWOOD, David | 22-May-22 |
| | Total | 620kg | GALATI, Ange | 08-Dec-13 | | | |
| 90kg | Squat | 265kg | BRAMMALL, Beau | 07-May-22 | 251kg | JARROTT, Brian | 02-Aug-14 |
| | Bench | 145kg | MULLINS, Luke | 20-Mar-22 | 130kg | JARROTT, Brian | 02-Aug-14 |
| | Deadlift | 285kg | BRAMMALL, Beau | 07-May-22 | 240kg | JARROTT, Brian | 02-Aug-14 |
| | Total | 695kg | BRAMMALL, Beau | 07-May-22 | 621kg | JARROTT, Brian | 02-Aug-14 |
| 100kg | Squat | 285kg | HARNETT, Bill | 10-Nov-19 | 250kg | JARROTT, Brian | 14-Mar-15 |
| | Bench | 177.5kg | McDONALD, Damon | 12-Aug-23 | 175kg | ANDREWS, Chris | 02-Aug-14 |
| | Deadlift | 300.5kg | BRAMMALL, Beau | 02-Aug-24 | 300kg | BIGGS, John | 19-May-18 |
| | Total | 740kg | BRAMMALL, Beau | 02-Aug-24 | 730kg | BRAMMALL, Beau | 30-Apr-22 |
| 110kg | Squat | 280kg | PUOPOLO, Vito | 02-Mar-24 | 277.5kg | FREEMAN, Lee | 06-May-23 |
| | Bench | 192.5kg | DRUMMOND, Brad | 02-Aug-24 | 190kg | DRUMMOND, Brad | 13-Apr-24 |
| | Deadlift | 335kg | NAY, Paul | 16-Aug-15 | 260kg | NICHOLAS, Michael | 02-Dec-12 |
| | Total | 745kg | PUOPOLO, Vito | 02-Mar-24 | 707.5kg | HARNETT, Bill | 22-May-21 |
| 125kg | Squat | 325kg | NAY, Paul | 21-Nov-14 | 300kg | NAY, Paul | 02-Aug-14 |
| | Bench | 192.5kg | McDONALD, Graham | 01-Dec-24 | 190kg | NAPPER, George | 22-Aug-21 |
| | Deadlift | 345kg | NAY, Paul | 15-Mar-15 | 335kg | NAY, Paul | 21-Nov-14 |
| | Total | 840kg | NAY, Paul | 21-Nov-14 | 800kg | NAY, Paul | 02-Aug-14 |
| 140kg | Squat | 350kg | POLI, Luke | 18-Jun-23 | 320kg | WRIGHT, Dan | 21-Nov-14 |
| | Bench | 240.5kg | POLI, Luke | 18-Jun-23 | 192.5kg | NAPPER, George | 22-May-21 |
| | Deadlift | 322.5kg | McDonald, Graham | 14-May-23 | 315kg | ROBERTSON, Blane | 17-Oct-20 |
| | Total | 890kg | POLI, Luke | 18-Jun-23 | 807.5kg | McDonald, Graham | 14-May-23 |
| SHW | Squat | 380kg | POLI, Luke | 20-Jan-24 | 315kg | PILIPOVIC, Damir | 21-Nov-14 |
| | Bench | 245kg | POLI, Luke | 20-Jan-24 | 220kg | RUSTERHOLZ, Marco | 31-Mar-12 |
| | Deadlift | 320kg | POLI, Luke | 20-Jan-24 | 300kg | PILIPOVIC, Damir | 21-Nov-14 |
| | Total | 945kg | POLI, Luke | 20-Jan-24 | 750kg | PILIPOVIC, Damir | 21-Nov-14 |

Masters Men (50-54)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | 142.5kg | DULLONA, Francisco | 22-Oct-23 | 122.5kg | PANAGIOTIDIS, Jim | 25-Apr-22 |
| | Bench | 102.5kg | PANAGIOTIDIS, Jim | 25-Apr-22 | | | |
| | Deadlift | 182.5kg | PANAGIOTIDIS, Jim | 25-Apr-22 | | | |
| | Total | 407.5kg | DULLONA, Francisco | 22-Oct-23 | 405kg | PANAGIOTIDIS, Jim | 25-Apr-22 |
| 67.5kg | Squat | 155kg | CHAUHAN, Jagdish | 30-Apr-22 | 145kg | RAMSAY, Stephen | 29-Aug-20 |
| | Bench | 97.5kg | DULLONA, Francisco | 29-May-22 | 95kg | RAMSAY, Stephen | 29-Aug-20 |
| | Deadlift | 182.5kg | CHAUHAN, Jagdish | 30-Apr-22 | 175kg | RAMSAY, Stephen | 29-Aug-20 |
| | Total | 427.5kg | DULLONA, Francisco | 29-May-22 | 420kg | CHAUHAN, Jagdish | 30-Apr-22 |
| 75kg | Squat | 170kg | RAMSAY, Stephen | 06-Oct-18 | 160kg | JOLLY, Geoff | 27-May-18 |
| | Bench | 145kg | JOLLY, Geoff | 27-May-18 | | | |
| | Deadlift | 225kg | RAMSAY, Stephen | 06-Oct-18 | 200kg | JOLLY, Geoff | 27-May-18 |
| | Total | 505kg | JOLLY, Geoff | 27-May-18 | | | |
| 82.5kg | Squat | 195kg | HANSSON, Chris | 19-Jan-25 | 190kg | HANSSON, Chris | 02-Aug-24 |
| | Bench | 130kg | HANSSON, Chris | 19-Jan-25 | 126kg | HANSSON, Chris | 02-Aug-24 |
| | Deadlift | 225kg | NICHOLSON, Matthew | 14-May-16 | | | |
| | Total | 535kg | HANSSON, Chris | 19-Jan-25 | 530kg | NICHOLSON, Matthew | 14-May-16 |
| 90kg | Squat | 200kg | JONES, Eddie | 28-Oct-18 | | | |
| | Bench | 145kg | HAINS, Brendan | 02-Jul-22 | 140kg | HAINS, Brendan | 28-Mar-21 |
| | Deadlift | 202.5kg | WEISE, Mike | 18-Feb-24 | 200kg | JONES, Eddie | 28-Oct-18 |
| | Total | 535kg | JONES, Eddie | 28-Oct-18 | | | |
| 100kg | Squat | 280kg | COOPER, Brad | 12-Aug-23 | 270kg | COOPER, Brad | 28-Mar-21 |
| | Bench | 175kg | COOPER, Brad | 12-Aug-23 | 167.5kg | JONES, Gary | 18-Aug-19 |
| | Deadlift | 290kg | COOPER, Brad | 12-Aug-23 | 270kg | HARNETT, Bill | 20-May-23 |
| | Total | 745kg | COOPER, Brad | 12-Aug-23 | 670kg | COOPER, Brad | 28-Mar-21 |
| 110kg | Squat | 307.5kg | DAY, Henry | 21-Nov-14 | 303kg | DAY, Henry | 02-Aug-14 |
| | Bench | 185kg | DAY, Henry | 21-Nov-14 | 183kg | DAY, Henry | 02-Aug-14 |
| | Deadlift | 270kg | HARNETT, Bill | 28-Aug-22 | 260kg | BROWN, Steve | 10-May-14 |
| | Total | 737.5kg | DAY, Henry | 21-Nov-14 | 713kg | DAY, Henry | 02-Aug-14 |
| 125kg | Squat | 287.5kg | FREEMAN, Lee | 02-Aug-24 | 285kg | FREEMAN, Lee | 16-Mar-24 |
| | Bench | 190kg | MAUFF, Andrew | 02-Mar-24 | 180kg | JONES, Gary | 25-Apr-18 |
| | Deadlift | 280kg | BICKERS, Harry | 20-Apr-24 | 270kg | FREEMAN, Lee | 16-Mar-24 |
| | Total | 737.5kg | FREEMAN, Lee | 02-Aug-24 | 725kg | FREEMAN, Lee | 16-Mar-24 |
| 140kg | Squat | 275kg | NAPPER, George | 20-May-23 | | | |
| | Bench | 180kg | NAPPER, George | 20-May-23 | | | |
| | Deadlift | 275kg | NAPPER, George | 20-May-23 | | | |
| | Total | 730kg | NAPPER, George | 20-May-23 | | | |
| SHW | Squat | 260kg | ROBERTSON, Kitchener | 12-Aug-23 | 160kg | ROBERTSON, Kitchener | 21-May-23 |
| | Bench | 155kg | ROBERTSON, Kitchener | 12-Aug-23 | 140kg | ROBERTSON, Kitchener | 21-May-23 |
| | Deadlift | 265kg | ROBERTSON, Kitchener | 21-May-23 | | | |
| | Total | 680kg | ROBERTSON, Kitchener | 12-Aug-23 | 565kg | ROBERTSON, Kitchener | 21-May-23 |

Masters Men (55-59)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|----------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 137.5kg | PANAGIOTIDIS, Jim | 02-Aug-24 | 125kg | GILL, Peter | 29-Oct-22 |
| | Bench | 107.5kg | PANAGIOTIDIS, Jim | 02-Aug-24 | 70kg | GILL, Peter | 29-Oct-22 |
| | Deadlift | 180kg | PANAGIOTIDIS, Jim | 02-Aug-24 | 172.5kg | GILL, Peter | 29-Oct-22 |
| | Total | 425kg | PANAGIOTIDIS, Jim | 02-Aug-24 | 367.5kg | GILL, Peter | 29-Oct-22 |
| 75kg | Squat | 172.5kg | CROCKETT, Sifu | 07-May-22 | 170kg | CROCKETT, Sifu | 24-Oct-21 |
| | Bench | 107.5kg | CROCKETT, Sifu | 22-May-21 | 85kg | TORCASIO, Tony | 25-Apr-21 |
| | Deadlift | 192.5kg | TORCASIO, Tony | 25-Apr-21 | | | |
| | Total | 460kg | CROCKETT, Sifu | 24-Oct-21 | 447.5kg | CROCKETT, Sifu | 26-Jun-21 |
| 82.5kg | Squat | 210kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Bench | 140kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Deadlift | 245.5kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| | Total | 590kg | NICHOLSON, Matthew | 25-Apr-18 | | | |
| 90kg | Squat | 182.5kg | BARKER, David | 09-Feb-25 | 180kg | LIMNIOS, Jim | 15-Sep-24 |
| | Bench | 150kg | BARKER, David | 09-Feb-25 | 147.5kg | BARKER, David | 18-Feb-24 |
| | Deadlift | 245kg | PAZIOS, Spiro | 29-Oct-22 | 225kg | SMITH, Greg | 14-May-16 |
| | Total | 532.5kg | BARKER, David | 09-Feb-25 | 530kg | BARKER, David | 18-Feb-24 |
| 100kg | Squat | 327.5kg | STEWART, Glen | 28-Oct-23 | 240kg | SIMONETTA, Vince | 18-Aug-18 |
| | Bench | 175kg | JONES, Gary | 27-Oct-19 | 130kg | GREGORY, Garnet | 09-Jun-19 |
| | Deadlift | 275kg | SIMONETTA, Vince | 27-May-18 | 250kg | CONWAY, Kevin | 21-May-17 |
| | Total | 640kg | JARROTT, Brian | 02-Aug-24 | 632.5kg | JONES, Gary | 27-Oct-19 |
| 110kg | Squat | 265kg | ZOLLO, Joe | 14-May-16 | 260kg | ZOLLO, Joe | 16-Aug-15 |
| | Bench | 177.5kg | JONES, Gary | 22-May-22 | 173kg | JONES, Gary | 22-Aug-21 |
| | Deadlift | 263kg | JONES, Gary | 22-May-22 | 262.5kg | CONWAY, Kevin | 18-Aug-18 |
| | Total | 665kg | JONES, Gary | 22-May-22 | 652.5kg | ZOLLO, Joe | 14-May-16 |
| 125kg | Squat | 285kg | DAVIS, Anthony | 20-Apr-24 | 255kg | TITUS, Terrence | 02-Aug-14 |
| | Bench | 176kg | JONES, Gary | 11-Oct-20 | 175kg | TITUS, Terrence | 02-Aug-14 |
| | Deadlift | 320kg | DAVIS, Anthony | 20-Apr-24 | 310kg | TITUS, Terrence | 02-Aug-14 |
| | Total | 755kg | DAVIS, Anthony | 20-Apr-24 | 740kg | TITUS, Terrence | 02-Aug-14 |
| 140kg | Squat | 260kg | PERRETT, Tim | 13-Apr-24 | | | |
| | Bench | 160kg | PERRETT, Tim | 16-Nov-24 | 150kg | PERRETT, Tim | 13-Apr-24 |
| | Deadlift | 280.5kg | PERRETT, Tim | 16-Nov-24 | 260kg | PERRETT, Tim | 13-Apr-24 |
| | Total | 695kg | PERRETT, Tim | 16-Nov-24 | 670kg | PERRETT, Tim | 13-Apr-24 |
| SHW | Squat | 250kg | ROBERTSON, Kitchener | 19-May-24 | | | |
| | Bench | 150kg | ROBERTSON, Kitchener | 19-May-24 | | | |
| | Deadlift | 270kg | ROBERTSON, Kitchener | 19-May-24 | | | |
| | Total | 670kg | ROBERTSON, Kitchener | 19-May-24 | | | |

Masters Men (60-64)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 105kg | MAYHEW, Peter | 02-Aug-24 | | | |
| | Bench | 90kg | MAYHEW, Peter | 02-Aug-24 | | | |
| | Deadlift | 151kg | MAYHEW, Peter | 02-Aug-24 | | | |
| | Total | 340kg | MAYHEW, Peter | 02-Aug-24 | | | |
| 75kg | Squat | 176kg | AMBROSE, Jim | 14-Mar-15 | 175kg | AMBROSE, Jim | 02-Aug-14 |
| | Bench | 127.5kg | AMBROSE, Jim | 11-Aug-13 | | | |
| | Deadlift | 225kg | AMBROSE, Jim | 14-Mar-15 | 222.5kg | AMBROSE, Jim | 02-Aug-14 |
| | Total | 526kg | AMBROSE, Jim | 14-Mar-15 | 522.5kg | AMBROSE, Jim | 02-Aug-14 |
| 82.5kg | Squat | 205kg | SMALL, Gareth | 02-Aug-24 | 192.5kg | SMALL, Gareth | 13-Apr-24 |
| | Bench | 105kg | SMALL, Gareth | 02-Aug-24 | 102.5kg | SMALL, Gareth | 13-Apr-24 |
| | Deadlift | 200kg | SMALL, Gareth | 13-Apr-24 | 172.5kg | MAYHEW, Peter | 20-Aug-22 |
| | Total | 510kg | SMALL, Gareth | 02-Aug-24 | 495kg | SMALL, Gareth | 13-Apr-24 |
| 90kg | Squat | 200kg | WATKINS, Simon | 13-Apr-24 | 196kg | WATKINS, Simon | 07-May-22 |
| | Bench | 130kg | WATKINS, Simon | 13-Apr-24 | 122.5kg | WATKINS, Simon | 07-May-22 |
| | Deadlift | 217.5kg | WATKINS, Simon | 02-Aug-24 | 207.5kg | WATKINS, Simon | 13-Apr-24 |
| | Total | 545kg | WATKINS, Simon | 02-Aug-24 | 535kg | WATKINS, Simon | 13-Apr-24 |
| 100kg | Squat | 260kg | SIMONETTA, Vince | 20-Aug-22 | 235kg | SIMONETTA, Vince | 28-Mar-21 |
| | Bench | 140kg | GREGORY, Garnet | 18-Aug-19 | 90kg | BASKERVILLE, Peter | 18-Aug-18 |
| | Deadlift | 295kg | SIMONETTA, Vince | 12-Aug-23 | 275kg | SIMONETTA, Vince | 27-Feb-22 |
| | Total | 660kg | SIMONETTA, Vince | 12-Aug-23 | 647.5kg | SIMONETTA, Vince | 20-Aug-22 |
| 110kg | Squat | 270kg | SIMONETTA, Vince | 02-Aug-24 | 225kg | SIMONETTA, Vince | 18-Feb-24 |
| | Bench | 160kg | JONES, Gary | 16-Nov-24 | 140kg | SMITH, Andrew | 18-Feb-24 |
| | Deadlift | 300kg | SIMONETTA, Vince | 02-Aug-24 | 270kg | SIMONETTA, Vince | 18-Feb-24 |
| | Total | 695kg | SIMONETTA, Vince | 02-Aug-24 | 607.5kg | SIMONETTA, Vince | 18-Feb-24 |
| 125kg | Squat | 260kg | ZOLLO, Joe | 20-Aug-22 | 257.5kg | ZOLLO, Joe | 28-May-22 |
| | Bench | 162.5kg | TITUS, Terrence | 11-May-19 | | | |
| | Deadlift | 315kg | TITUS, Terrence | 11-May-19 | | | |
| | Total | 705kg | TITUS, Terrence | 18-Aug-19 | 702.5kg | TITUS, Terrence | 11-May-19 |
| 140kg | Squat | 290kg | McMURRAY, Steve | 02-Aug-24 | 285kg | McMURRAY, Steve | 25-Apr-24 |
| | Bench | 200kg | McMURRAY, Steve | 02-Aug-24 | 185kg | McMURRAY, Steve | 25-Apr-24 |
| | Deadlift | 240kg | McMURRAY, Steve | 25-Apr-24 | | | |
| | Total | 730kg | McMURRAY, Steve | 02-Aug-24 | 710kg | McMURRAY, Steve | 25-Apr-24 |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (65-69)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 165kg | AMBROSE, Jim | 10-Nov-19 | 160kg | AMBROSE, Jim | 12-Aug-16 |
| | Bench | 120kg | AMBROSE, Jim | 12-Aug-16 | | | |
| | Deadlift | 220kg | AMBROSE, Jim | 12-Aug-16 | | | |
| | Total | 500kg | AMBROSE, Jim | 12-Aug-16 | | | |
| 82.5kg | Squat | 80kg | McILWRAITH, Ronald | 22-May-21 | | | |
| | Bench | 70kg | McILWRAITH, Ronald | 22-May-21 | | | |
| | Deadlift | 130kg | McILWRAITH, Ronald | 22-May-21 | | | |
| | Total | 280kg | McILWRAITH, Ronald | 22-May-21 | | | |
| 90kg | Squat | 125kg | HILLBRICK, Jeff | 20-May-23 | | | |
| | Bench | 120kg | LABSON, Steve | 16-Mar-24 | 75kg | HILLBRICK, Jeff | 20-May-23 |
| | Deadlift | 160kg | LABSON, Steve | 16-Mar-24 | 150kg | HILLBRICK, Jeff | 20-May-23 |
| | Total | 405kg | LABSON, Steve | 16-Mar-24 | 350kg | HILLBRICK, Jeff | 20-May-23 |
| 100kg | Squat | 212.5kg | BASKERVILLE, Peter | 22-Aug-21 | 130kg | BIRCH, Ron | 02-Aug-14 |
| | Bench | 100kg | BIRCH, Ron | 02-Aug-14 | | | |
| | Deadlift | 230kg | BASKERVILLE, Peter | 22-Aug-21 | 185kg | BIRCH, Ron | 02-Aug-14 |
| | Total | 537.5kg | BASKERVILLE, Peter | 22-Aug-21 | 415kg | BIRCH, Ron | 02-Aug-14 |
| 110kg | Squat | 235kg | TITUS, Terrence | 20-Aug-22 | 225kg | TITUS, Terrence | 07-May-22 |
| | Bench | 145kg | TITUS, Terrence | 07-May-22 | | | |
| | Deadlift | 305kg | TITUS, Terrence | 07-May-22 | | | |
| | Total | 675kg | TITUS, Terrence | 07-May-22 | | | |
| 125kg | Squat | 265kg | Zollo, Joe | 03-Jun-23 | 215kg | TITUS, Terrence | 22-May-21 |
| | Bench | 160kg | TITUS, Terrence | 16-Nov-24 | 155kg | TITUS, Terrence | 02-Aug-24 |
| | Deadlift | 305kg | TITUS, Terrence | 22-May-21 | | | |
| | Total | 680kg | TITUS, Terrence | 12-Aug-23 | 665kg | TITUS, Terrence | 22-May-21 |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (70-74)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|--------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | 151kg | AMBROSE, Jim | 22-Aug-21 | | | |
| | Bench | 112.5kg | AMBROSE, Jim | 22-Aug-21 | | | |
| | Deadlift | 215kg | AMBROSE, Jim | 22-Aug-21 | | | |
| | Total | 477.5kg | AMBROSE, Jim | 22-Aug-21 | | | |
| 82.5kg | Squat | 160kg | McLERNON, Peter | 20-May-23 | 60kg | ROSS, Steve | 25-Apr-23 |
| | Bench | 92.5kg | ROSS, Steve | 25-Apr-23 | | | |
| | Deadlift | 180kg | McLERNON, Peter | 18-May-24 | 170kg | McLERNON, Peter | 20-May-23 |
| | Total | 425kg | McLERNON, Peter | 02-Aug-24 | 420kg | McLERNON, Peter | 20-May-23 |
| 90kg | Squat | 165kg | McLERNON, Peter | 22-May-22 | | | |
| | Bench | 95kg | McLERNON, Peter | 22-May-22 | | | |
| | Deadlift | 185kg | McLERNON, Peter | 22-May-22 | | | |
| | Total | 445kg | McLERNON, Peter | 22-May-22 | | | |
| 100kg | Squat | 187.5kg | NEIL, Ian | 09-Jun-24 | | | |
| | Bench | 142.5kg | NEIL, Ian | 09-Jun-24 | | | |
| | Deadlift | 195kg | NEIL, Ian | 09-Jun-24 | | | |
| | Total | 525kg | NEIL, Ian | 09-Jun-24 | | | |
| 110kg | Squat | 215.5kg | BASKERVILLE, Peter | 20-Oct-24 | | | |
| | Bench | 92.5kg | BASKERVILLE, Peter | 20-Oct-24 | | | |
| | Deadlift | 217.5kg | BASKERVILLE, Peter | 20-Oct-24 | | | |
| | Total | 525kg | BASKERVILLE, Peter | 20-Oct-24 | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (75-79)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | 90.5kg | TRENTIN, Maurice | 02-Aug-24 | 90kg | TRENTIN, Maurice | 02-Jun-24 |
| | Bench | 62.5kg | TRENTIN, Maurice | 02-Jun-24 | | | |
| | Deadlift | 135kg | TRENTIN, Maurice | 02-Aug-24 | 125kg | TRENTIN, Maurice | 02-Jun-24 |
| | Total | 282.5kg | TRENTIN, Maurice | 02-Aug-24 | 277.5kg | TRENTIN, Maurice | 02-Jun-24 |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 90kg | Squat | 155kg | BORG, Reno | 21-Nov-14 | | | |
| | Bench | 112.5kg | BORG, Reno | 21-Nov-14 | | | |
| | Deadlift | 190kg | BORG, Reno | 21-Nov-14 | | | |
| | Total | 455kg | BORG, Reno | 21-Nov-14 | | | |
| 100kg | Squat | 100kg | BIRCH, Ron | 22-May-21 | | | |
| | Bench | 85kg | BIRCH, Ron | 22-May-21 | | | |
| | Deadlift | 145kg | BIRCH, Ron | 22-May-21 | | | |
| | Total | 330kg | BIRCH, Ron | 22-May-21 | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (80-84)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|------------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | 100kg | ZWAAN, Adrian | 25-Apr-22 | | | |
| | Bench | 55kg | ZWAAN, Adrian | 25-Apr-22 | | | |
| | Deadlift | 150kg | ZWAAN, Adrian | 25-Apr-22 | | | |
| | Total | 305kg | ZWAAN, Adrian | 25-Apr-22 | | | |
| 90kg | Squat | 107.5kg | ZWAAN, Adrian | 18-May-19 | | | |
| | Bench | 70kg | ZWAAN, Adrian | 18-May-19 | | | |
| | Deadlift | 160kg | LEITCH, Campbell | 20-May-23 | 155kg | ZWAAN, Adrian | 18-May-19 |
| | Total | 332.5kg | ZWAAN, Adrian | 18-May-19 | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |

Masters Men (85-89)

RAW PLUS KNEE WRAPS (or Sleeves up to Nats 2024)

| BWT | Lift | Weight Lifted | Athlete | Date of Lift | Weight Lifted | Record Previously Held By | Date of Lift |
|--------|----------|---------------|---------------|--------------|---------------|---------------------------|--------------|
| 52kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 56kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 60kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 67.5kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 75kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 82.5kg | Squat | 80kg | ZWAAN, Adrian | 25-Apr-23 | | | |
| | Bench | 45kg | ZWAAN, Adrian | 25-Apr-23 | | | |
| | Deadlift | 135kg | ZWAAN, Adrian | 25-Apr-23 | | | |
| | Total | 260kg | ZWAAN, Adrian | 25-Apr-23 | | | |
| 90kg | Squat | 80kg | ZWAAN, Adrian | 25-Apr-24 | | | |
| | Bench | 50kg | ZWAAN, Adrian | 25-Apr-24 | | | |
| | Deadlift | 140kg | ZWAAN, Adrian | 25-Apr-24 | | | |
| | Total | 270kg | ZWAAN, Adrian | 25-Apr-24 | | | |
| 100kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 110kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 125kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| 140kg | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |
| SHW | Squat | | | | | | |
| | Bench | | | | | | |
| | Deadlift | | | | | | |
| | Total | | | | | | |