

3/08/2024

CAPO NATIONAL CHAMPIONSHIPS 2024

DAY 3 - Male Open Classic Raw

Caloundra RSL - Queensland

Name	Sex	Equip	Team	Awards Division	BWT	WtCls	Age	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	Total	Gloss	Class Place	Overall
Kyle Forrest	MALE	CLASSIC_RAW	SA	Open 100 kg	99.37	100	29	325	-350	-350		325	180	190	197.5		197.5	522.5	320	360	-377.5		360	882.5	514.43	1	1
Sam Murphy	MALE	CLASSIC_RAW	WA	Open 125 kg	122.79	125	40	-325	-325	325		325	195	210	212.5		212.5	537.5	340	362.5	-374		362.5	900	493.20	1	2
Joshua Genever	MALE	CLASSIC_RAW	WA	Open 90 kg	87.95	90	24	-285	310	-320		310	180	190	200		200	510	285	-300			285	795	492.82	1	3
Connor Walsh	MALE	CLASSIC_RAW	WA	Open 125 kg	120.02	125	25	370	-400.5	-400.5		370	190	200	205		205	575	280	295	-325		295	870	479.33	2	4
Matteo Giubilato	MALE	CLASSIC_RAW	WA	Open 110 kg	100.75	110	23	300	315	325		325	165	170	-175		170	495	300	315	325		325	820	475.23	1	5
Aubrey Sutherland	MALE	CLASSIC_RAW	QLD	Open 125 kg	122.58	125	29	325	-345	-345		325	210	217.5			217.5	542.5	305	-320			305	847.5	464.60	3	6
Jacob Spiteri	MALE	CLASSIC_RAW	VIC	Open 100 kg	95.95	100	38	260	-270	-270		260	180	200	207.5		207.5	467.5	277.5	302.5	-305		302.5	770	455.92	2	7
Josh Brown	MALE	CLASSIC_RAW	NSW	Open 110 kg	109.33	110	41	305	-320	-320		305	175	185	192.5		192.5	497.5	275	-300	305		305	802.5	452.15	2	8
Joseph Djakovich	MALE	CLASSIC_RAW	QLD	Open 140 kg	133.5	140	25	325	350	-370		350	185	195	200		200	550	285	-305	-305		285	835	448.33	1	9
Tyler Small	MALE	CLASSIC_RAW	QLD	Open 90 kg	88.89	90	30	-265	265	-285		265	165	-172.5	177.5		177.5	442.5	255	277.5	-290		277.5	720	443.56	2	10
Jordan Weymark	MALE	CLASSIC_RAW	QLD	Open 75 kg	74.66	75	31	230	-240	240		240	137.5	-145	145		145	385	240	255	-260		255	640	442.19	1	11
Matt Smith	MALE	CLASSIC_RAW	SA	Open 100 kg	98.47	100	34	255	-280	280		280	155	165	170		170	450	270	290	305		305	755	441.83	3	12
Ben Cozens	MALE	CLASSIC_RAW	QLD	Open 125 kg	123.7	125	32	285	300	307.5		307.5	175	185	-190		185	492.5	300	310	315		315	807.5	441.66	4	13
Adam Todd	MALE	CLASSIC_RAW	SA	Open 110 kg	108.23	110	41	-280	-280	280		280	180	190	-195		190	470	290	310	-330		310	780	440.78	3	14
David Vake Taufu	MALE	CLASSIC_RAW	VIC	Open 140+ kg	156.3	140+	35	325	360			360	160	175	190		190	550	-300	300	-325		300	850	440.72	1	15
Manoj Viduranga Elpitiya Badalge	MALE	CLASSIC_RAW	QLD	Open 67.5 kg	67.44	67.5	44	190	210	220	-230	220	90	102.5	-110		102.5	322.5	220	240	260	-280.5	260	582.5	436.22	1	16
Bailey Wagstaff	MALE	CLASSIC_RAW	QLD	Open 140+ kg	144.75	140+	25	290	310	-322.5		310	170	180	185		185	495	310	325	-335		325	820	432.31	3	17
Les Wroe	MALE	CLASSIC_RAW	QLD	Open 140+ kg	158.15	140+	35	285	-310	325		325	160	180	200		200	525	310	-335	-335		310	835	431.85	2	18
Michael Sunderland	MALE	CLASSIC_RAW	QLD	Open 90 kg	89.82	90	32	-255	265	280		280	147.5	155	160		160	440	260	-280	-287.5		260	700	428.82	3	19
Rohan Dwyer	MALE	CLASSIC_RAW	QLD	Open 110 kg	109.48	110	30	285	305	325		325	145	-155	155		155	480	280	-295	-295		280	760	428.03	4	20
Corey Millar	MALE	CLASSIC_RAW	WA	Open 82.5 kg	77.55	82.5	33	220	-235	235		235	127.5	135	140		140	375	240	260	-270		260	635	426.78	1	21
Brendan Delaney	MALE	CLASSIC_RAW	QLD	Open 100 kg	92.83	100	39	240	260	-272.5		260	145	160	-172.5		160	420	260	280	282.5		282.5	702.5	422.75	4	22
Jack Welch	MALE	CLASSIC_RAW	QLD	Open 140 kg	126.33	140	32	-265	265	-290		265	145	155	-165		155	420	300	320	330		330	750	408.03	2	23
George Lomidze	MALE	CLASSIC_RAW	QLD	Open 100 kg	98.9	100	34	235	255	265		265	175	-180			175	440	255	-265	-270		255	695	405.91	5	24
Frankie Verhasselt	MALE	CLASSIC_RAW	ACT	Open 110 kg	103.38	110	34	-260	260			260	165	175	-180		175	435	270				270	705	404.53	5	25
Aidan Biggs	MALE	CLASSIC_RAW	QLD	Open 67.5 kg	66.88	67.5	34	185	-195	202.5		202.5	105	-110	-110		105	307.5	205	-212.5	212.5		212.5	520	392.16	2	26
Alexander Bunn	MALE	CLASSIC_RAW	QLD	Open 75 kg	73.81	75	26	190	205	-212.5		205	125	130	-132.5		130	335	200	210	220		220	555	386.75	2	27
Philip van der Hoek	MALE	CLASSIC_RAW	SA	Open 100 kg	99.69	100	36	242.5	252.5	260		260	145	152.5	-157.5		152.5	412.5	230	240	245		245	657.5	382.7	6	28
Jack Ryman	MALE	CLASSIC_RAW	WA	Open 82.5 kg	80.78	82.5	24	190	-207.5	215		215	-125	-135	135		135	350	205	220	230		230	580	379	2	29
Jerome Tongalea	MALE	CLASSIC_RAW	QLD	Open 140+ kg	155.43	140+	38	-260	260	-280		260	180	192.5	-205		192.5	452.5	270	-305	-305		270	722.5	374.77	4	30
Quyen Nguyen	MALE	CLASSIC_RAW	QLD	Open 60 kg	59.89	60	40	-180	180	191		190	80	85	-90		85	275	160	172.5	-182.5		172.5	447.5	374.14	1	31
Steve Fetu	MALE	CLASSIC_RAW	QLD	Open 140+ kg	146.16	140+	40	240	-260	-260		240	155	180			180	420	280	-317.5	-317.5		280	700	368.29	5	32
Tim Middleton	MALE	CLASSIC_RAW	QLD	Open 90 kg	89.87	90	35	-200	-220	220		220	120	130	140		140	360	220	240	-245		240	600	367.46	4	33
Peter Wei	MALE	CLASSIC_RAW	QLD	Open 75 kg	72.38	75	28	175	185	-190		185	110	117.5	-122.5		117.5	302.5	205	215	-220		215	517.5	365.92	3	34
Dyllon Graham	MALE	CLASSIC_RAW	SA	Open 67.5 kg	66.14	67.5	28	155	165	170		170	100	105	-110		105	275	195	205	-210		205	480	365.51	3	35
Jeremy Vincent	MALE	CLASSIC_RAW	VIC	Open 140 kg	130.9	140	36	240	-260	260		260	150	160	167.5		167.5	427.5	240	-250	-250		240	667.5	360.07	3	36
Jimmy Martin	MALE	CLASSIC_RAW	QLD	Open 110 kg	109.09	110	39	220	235	-240		235	132.5	140	-145		140	375	220	240	250		250	625	352.38	6	37
Morgan Keech	MALE	CLASSIC_RAW	QLD	Open 140 kg	132.5	140	25	250	270	280		280	130	137.5	142.5		142.5	422.5	220	-240	-240		220	642.5	345.58	4	38
Jake Smith	MALE	CLASSIC_RAW	NSW	Open 75 kg	68.52	75	27	175		-200		175	110	120	-127.5		120	295	170	-190	-200		170	465	343.75	4	39
Scott Cassidy	MALE	CLASSIC_RAW	NSW	Open 90 kg	88.47	90	26	190	205	-210		205	102.5	107.5	-115		107.5	312.5	220	230	240		240	552.5	341.39	5	40
Truce Tubban	MALE	CLASSIC_RAW	VIC	Open 90 kg	88.75	90	37	185	205	-215		205	120	127.5	-135		127.5	332.5	200	220	-227.5		220	552.5	340.7	6	41
Christopher Waho-Moo	MALE	CLASSIC_RAW	VIC	Open 140 kg	132.3	140	34	190	-210	-210		190	125	135	145		145	335	220	245	260		260	595	320.16	5	42
Kobi Mcleod	MALE	CLASSIC_RAW	QLD	Open 82.5 kg	80.85	82.5	27	-175	-175	175		175	110	115	117.5		117.5	292.5	185	190	195		195	487.5	318.42	3	43
Kiefer Patch	MALE	CLASSIC_RAW	QLD	Open 125 kg	122.12	125	32	170	180	190		190	120	130	140		140	330	200	220	-225		220	550	301.81	5	44
Kevin Butler	MALE	CLASSIC_RAW	QLD	Open 125 kg	121.62	125	34	130				130	75				75	205	125				125	330	181.27	6	45
Alexander Young	MALE	CLASSIC_RAW	QLD	Open 110 kg	105.28	110	30	-245	-260															0	0		
Kaine Shephard	MALE	CLASSIC_RAW	QLD	Open 140+ kg	149.98	140+	39	-330	-330	-330														0	0		
Zachary Phillips	MALE	CLASSIC_RAW	QLD	Open 125 kg	123.94	125	0	-340	-355	-355														0	0		